



**At our core
 is a desire to
 make the world a
 better place
 by encouraging
 friendships and
 cross-cultural
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 people of the world.**



Itinerary		
Date:	Activity:	Accom:
5/19/2018	Depart USA	
5/20/2018	Arrive JNB	Elements
	Check In/ Orientation	
	Soweto Tour / Braai	
5/21/2018	Lesedi Village	Elements
5/22/2018	Johannesburg Child Welfare	On-Site
5/23/2018	Johannesburg Child Welfare	On-Site
5/24/2018	Johannesburg Child Welfare	On-Site
5/25/2018	Tribal Medicine	Elements
5/26/2018	Travel JNB - CPT	91 Loop
	Check In / Orientation	
5/27/2018	Tygerburg Hospital Visit	91 Loop
5/28/2018	Social Prep School	91 Loop
5/29/2018	Social Prep School	91 Loop
5/30/2018	First Aid	91 Loop
5/31/2018	First Aid	91 Loop
6/01/2018	Cape Point Tour	91 Loop
6/02/2018	Depart SA	
6/03/2018	Arrive USA	

Contact Us

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Our Organization

Dynamic Global Exchange is a cultural exchange agency that sponsors young adults from around the world who participate in U.S. Department of State work and training programs, and Americans participating in international volunteer programs.

We provide opportunities for our participants to gain practical hands-on experience in a variety of fields and make meaningful community connections outside their home country.

At our core is a desire to make the world a better place by encouraging friendships and cross-cultural understanding between people of the world.

“Certainly, travel is more than the seeing of sights; it is a change that goes on, deep and permanent, in the ideas of living.”

-Miriam Beard

Medical Volunteer Program

The Medical Volunteer program allows program participants to experience the best of South African culture while gaining valuable medical knowledge and volunteer experience. You will embark on a journey to learn and experience new and exciting things in a way that few visitors to South Africa ever have the opportunity to do. Are you ready for the experience of a lifetime?

Orientation and South African Cultural Activities

Upon arrival in South Africa, program participants will have the opportunity to get acclimated to South Africa through a variety of activities designed to expose them to the country's culture and history. On the first day, participants will tour Soweto, a historically important township in Johannesburg that was once home to Nelson Mandela, and experience a braai, a South African style barbeque. On the second day, participants will travel to the Lesedi Village where they will get exposure into the different tribes of South Africa, their lifestyles, and get to enjoy a buffet lunch with a dance performance depicting the various styles.

Johannesburg Child Welfare

Our partners work in some of the most vulnerable areas in South Africa, with populations deeply affected by poverty, HIV/AIDS and related deaths among young parents, leaving large numbers of orphaned children without adequate resources to care for them. Participants may be working with youth anywhere from infants to 18 years of age. Participants will spend their time;

- Assist in the care of orphaned children and infants
- Provide hygiene and health education for the children and community
- Aid with children's homework
- Play games and offer fun programs
- Interact with children to help with social development
- Participate in basic building and maintenance projects at all the children's homes as needed

Tribal Medicine

Participants will have the opportunity to meet with a traditional South African healer to learn about alternate medicine practiced in the region. The traditional healer will cover a variety of topics including initiation of healers, the history of the practice, and different types of medicine and healing ceremonies. The session will be interactive and hands-on; participants will have the opportunity to ask questions and get up close and personal with the healer's tools.

Heart of Cape Town Museum

Participants will visit The Heart of Cape Town Museum, situated in the Old Building of the internationally acclaimed Groote Schuur Hospital. Professor Christian Barnard, a South African cardiac surgeon performed the first successful human heart transplant at the hospital in 1967. A two-hour guided tour provides insight into the donor, the recipient, the ethical and religious issues of the time regarding "moment of death" and more.

South African First Aid Training

Participants will receive first aid training that will include core and advanced lessons. Lessons will include basic and advanced first aid for a variety of emergency and injury types, emergency scene management, overviews of common medical conditions, and a lesson specific to poisons, bites, and stings that can be encountered in South Africa.

Cape Point Tour

Participants will end their time in South Africa by touring Cape Point and the surrounding areas. Highlights of the tour include a drive along scenic Chapman's Peak Drive, a visit to Cape Point, the most southwestern point in Africa, a stop at Boulders Beach to see the penguins, and a chance to look for Great White Sharks along the coast.